

ADAPP-SHARPEN RESILIENCY TOOLKIT APP

Sharpen has created a mobile app, **“ADAPP – Sharpen Resilience Toolkit”** that will give us access to a library of asynchronous mental health literacy and social emotional wellness modules covering an array of topics. The toolkit offers professional development courses and daily or weekly engagement campaigns.

Access the ADAPP Toolkit App

Click [HERE](#) to link to the ADAPP Toolkit App on your laptop. Create an account and save the ADAPP Toolkit to your favorites and/or scan the QR code below for the mobile app.



SCAN TO DOWNLOAD THE
MOBILE APP

